

References

Diktas, H. E., Roe, L. S., Keller, K. L., Sanchez, C. E., & Rolls, B. J. (2021, 2021/09/01/). Promoting vegetable intake in preschool children: Independent and combined effects of portion size and flavor enhancement. *Appetite*, *164*, 105250.

<https://doi.org/https://doi.org/10.1016/j.appet.2021.105250>

Gray, C., Lytle, L. A., Perry, C., Story, M., Taylor, G., & Bishop, D. (2007, Jun). Fruits and vegetables taken can serve as a proxy measure for amounts eaten in a school lunch. *J Am Diet Assoc*, *107*(6), 1019-1023. <https://doi.org/10.1016/j.jada.2007.03.001>

Sharma, S., Marshall, A., Chow, J., Ranjit, N., Bounds, G., Hearne, K., Cramer, N., Ocegüera, A., Farhat, A., & Markham, C. (2019, 2019/11/01/). Impact of a Pilot School-Based Nutrition Intervention on Fruit and Vegetable Waste at School Lunches. *Journal of Nutrition Education and Behavior*, *51*(10), 1202-1210.e1201.

<https://doi.org/https://doi.org/10.1016/j.jneb.2019.08.002>

Wall, D. E., Least, C., Gromis, J., & Lohse, B. (2012, Jan). Nutrition education intervention improves vegetable-related attitude, self-efficacy, preference, and knowledge of fourth-grade students. *J Sch Health*, *82*(1), 37-43. <https://doi.org/10.1111/j.1746-1561.2011.00665.x>

Medina-Zimmerman, J. B. (2004). Evaluating the Effect of a Nutrition Intervention on Fruit and Vegetable Choices by Students in Elementary, Middle, and High Schools, Through the Use of Daily Production Records.

McAleese, J. D., & Rankin, L. L. (2007, Apr). Garden-based nutrition education affects fruit and vegetable consumption in sixth-grade adolescents. *J Am Diet Assoc*, *107*(4), 662-665.

<https://doi.org/10.1016/j.jada.2007.01.015>

Hodder, R. K., O'Brien, K. M., Stacey, F. G., Wyse, R. J., Clinton-McHarg, T., Tzelepis, F., James, E. L., Bartlem, K. M., Nathan, N. K., Sutherland, R., Robson, E., Yoong, S. L., & Wolfenden, L. (2018). Interventions for increasing fruit and vegetable consumption in children aged five years and under. *The Cochrane database of systematic reviews*, *5*(5), CD008552-CD008552.

<https://doi.org/10.1002/14651858.CD008552.pub5>

Evans, C. E., Christian, M. S., Cleghorn, C. L., Greenwood, D. C., & Cade, J. E. (2012, Oct). Systematic review and meta-analysis of school-based interventions to improve daily fruit and vegetable intake in children aged 5 to 12 y. *Am J Clin Nutr*, *96*(4), 889-901.

<https://doi.org/10.3945/ajcn.111.030270>

Parmer, S. M., Salisbury-Glennon, J., Shannon, D., & Struempfer, B. (2009, May-Jun). School gardens: an experiential learning approach for a nutrition education program to increase fruit and vegetable knowledge, preference, and consumption among second-grade students. *J Nutr Educ Behav*, *41*(3), 212-217. <https://doi.org/10.1016/j.jneb.2008.06.002>

Johnson, D. B., Podrabsky, M., Rocha, A., & Otten, J. J. (2016, Jan). Effect of the Healthy Hunger-Free Kids Act on the Nutritional Quality of Meals Selected by Students and School Lunch Participation Rates. *JAMA Pediatr*, *170*(1), e153918.

<https://doi.org/10.1001/jamapediatrics.2015.3918>

Howerton, M. W., Bell, B. S., Dodd, K. W., Berrigan, D., Stolzenberg-Solomon, R., & Nebeling, L. (2007, Jul-Aug). School-based nutrition programs produced a moderate increase in fruit and vegetable consumption: meta and pooling analyses from 7 studies. *J Nutr Educ Behav*, *39*(4), 186-196.

<https://doi.org/10.1016/j.jneb.2007.01.010>

Evans, C. E., Christian, M. S., Cleghorn, C. L., Greenwood, D. C., & Cade, J. E. (2012, Oct). Systematic review and meta-analysis of school-based interventions to improve daily fruit and vegetable intake in children aged 5 to 12 y. *Am J Clin Nutr*, *96*(4), 889-901.

<https://doi.org/10.3945/ajcn.111.030270>